

NYSSA MIDDLE SCHOOL

Monday



GRILLED CHEESE SANDWICH
CRISP ROMAINE LETTUCE
CUCUMBER COINS
BAKED BEANS
SLICED PEACHES **6**

BEAN & CHEESE BURRITO
CRISP ROMAINE LETTUCE
BROCCOLI FLORETS
RED KIDNEY BEANS
SLICED PEACHES **13**

TAMALES
CRISP ROMAINE LETTUCE
JUICY TOMATOES
PINTO BEANS
SLICED PEACHES **20**

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SUMMER FOOD SERVICE PROGRAM
MAIN CAFETERIA
JUNE 3 – JUNE 28, 2019
BREAKFAST: 7:30AM-8:30 AM
LUNCH: 11:00AM- 12:00 PM

Tuesday



CHICKEN & NOODLES
WHOLE GRAIN BISCUITS
CRISP ROMAINE LETTUCE
SWEET PEAS
APPLESAUCE **7**

CHICKEN & GRAVY
CREAMY POTATOES
WHOLE GRAIN BISCUIT
CRISP ROMAINE LETTUCE
SWEET PEAS
APPLESAUCE **14**

BEEF TACOS
WG FLOUR TORTILLA
CRISP ROMAINE LETTUCE
BELL PEPPER SPEARS
APPLESAUCE **21**

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FEEDING IN THE PARKS
JULY 1 – JULY 26, 2019
NORTH PARK: 11:00 -11:20 AM
LIONS PARK: 11:30 -11:50 AM
SOUTH PARK: 12:00 – 12:20 PM
RIO VISTA: 12:35 – 1:00 PM

Wednesday

HAMBURGER PATTY
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
BAKED BEANS
BABY CARROTS
ORANGE WEDGES **1**

BBQ RIB SANDWICH
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
FARM FRESH TOMATOES
ORANGE WEDGES **8**

PEPPERONI PIZZA
CRISP ROMAINE LETTUCE
BABY CARROTS
ORANGE WEDGES **15**

HOT DOG
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
BAKED BEANS
ORANGE WEDGES **22**



Thursday

CHILI CON CARNE & BEANS
WHOLE GRAIN CORNBREAD
CRISP ROMAINE
CUCUMBER COINS
PEAR SLICES **2**

SLOPPY JOES
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
BROCCOLI SPEARS
PEAR SLICES **9**

CHICKEN PATTY
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
CUCUMBER COINS
PEAR SLICES **16**

CORN DOGS
CARROTS & CELERY
COOKIE
FRUIT ICEE CUP **23**

LAST DAY OF SCHOOL



Friday

PIZZA POCKET
CRISP ROMAINE LETTUCE
CUCUMBER COINS
PINEAPPLE TIDBITS **3**

NO SCHOOL **10**

FISH NUGGETS
BROWN RICE
CRISP ROMAINE LETTUCE
WHOLE KERNEL CORN
MANDARIN ORANGES **17**

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HAVE A SAFE AND FUN FILLED SUMMER BREAK
CHECK MEAL SERVE TIMES FOR JUNE AND JULY
COME BY AND GRAB A LUNCH :)



This institution is an equal opportunity provider.
All lunches are served with a choice of 1% white or fat free chocolate milk.
Each school has a fully stocked salad bar, with fresh fruits and vegetables.