

February 2019

NYSSA MIDDLE SCHOOL

LUNCH

All lunches are served with 1% white and fat free chocolate milk.

All schools have fully stocked salad bars.

This institution is an equal opportunity provider.

Menu is subject to change.



ROSES ARE RED...VIOLETS ARE BLUE...WE LOVE SERVING UP MEALS TO WONDERFUL STUDENTS LIKE YOU!



Monday



Tuesday

(LUNCH OPTIONS) MENU ITEM

STUDENT SALADS,PBJ-SANDWICH,DELI SANDWICH

Wednesday



Thursday

Friday

NO SCHOOL **1**

SWEET N SOUR CHICKEN **4**
BROWN RICE
CRISP ROMAINE LETTUCE
BROCCOLI FLORETS
SLICED PEACHES

BEEF TACOS **5**
WG FLOUR TORTILLA
CRISP ROMAINE LETTUCE
BELL PEPPER SPEARS
APPLESAUCE

HAMBURGER PATTY **6**
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
BAKED BEANS
BABY CARROTS
ORANGE WEDGES

CHILI CON CARNE & BEANS **7**
WHOLE GRAIN CORNBREAD
CRISP ROMAINE
CUCUMBER COINS
PEAR SLICES

PIZZA POCKET **8**
CRISP ROMAINE LETTUCE
CUCUMBER COINS
PINEAPPLE TIDBITS

GRILLED CHEESE **11**
SANDWICH
CRISP ROMAINE LETTUCE
CUCUMBER COINS
BAKED BEANS
SLICED PEACHES

CHICKEN & NOODLES **12**
WHOLE GRAIN BISCUITS
CRISP ROMAINE LETTUCE
SWEET PEAS
APPLESAUCE

BBQ RIB SANDWICH **13**
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
FARM FRESH TOMATOES
ORANGE WEDGES

SLOPPY JOES **14**
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
BROCCOLI SPEARS
SLICED PEARS

FISH NUGGETS **15**
BROWN RICE
CRISP ROMAINE LETTUCE
WHOLE KERNEL CORN
MANDARIN ORANGES

NO SCHOOL **18**

CHICKEN & GRAVY **19**
CREAMY POTATOES
WHOLE GRAIN BISCUIT
CRISP ROMAINE LETTUCE
SWEET PEAS
APPLESAUCE

PEPPERONI PIZZA **20**
CRISP ROMAINE LETTUCE
BABY CARROTS
ORANGE WEDGES

CHICKEN PATTY **21**
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
CUCUMBER COINS
PEAR SLICES

CORN DOGS **22**
CRISP ROMAINE LETTUCE
RED BELL PEPPER SPEARS
BAKED BEANS
PINEAPPLE TIDBITS

TAMALES **25**
CRISP ROMAINE LETTUCE
JUICY TOMATOES
PINTO BEANS
SLICED PEACHES

CHICKEN NUGGETS **26**
TATER TOTS
CRISP ROMAINE LETTUCE
CUCUMBER COINS
ORANGE WEDGES

ITALIAN SPAGHETTI WITH **27**
MEAT SAUCE
WHOLE GRAIN BREAD
CRISP ROMAINE LETTUCE
BABY CARROTS
APPLESAUCE

HOT DOG **28**
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
BAKED BEANS
PEAR SLICES

