

March 2019

NYSSA HIGH SCHOOL

LUNCH

All lunches are served with 1% white and fat free chocolate milk.
All schools have fully stocked salad bars.
This institution is an equal opportunity provider.
Menu is subject to change.



BEES ARE BUZZING.....BIRDS ARE SINGING....
WOOHOO SPRING IS HERE!
HAVE A WONDERFUL SPRING BREAK!



Monday



Tuesday

Wednesday



Thursday

Friday

SWEET ORANGE CHICKEN **4**
BROWN RICE
EGG ROLL/ CHOW MEIN NOODLES
CRISP ROMAINE LETTUCE
RED BELL PEPPER STRIPS
SLICED PEACHES

CHEESY BEEF NACHOS **5**
CRUNCHY CORN CHIPS
CRISP ROMAINE LETTUCE
BELL PEPPER SPEARS
APPLESAUCE

HAMBURGER PATTY **6**
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
BAKED BEANS
BABY CARROTS
ORANGE WEDGES

CHILI CON CARNE & BEANS **7**
WHOLE GRAIN CORNBREAD
CRISP ROMAINE
CUCUMBER COINS
PEAR SLICES

NO SCHOOL **1**

GRILLED CHEESE **11**
SANDWICH
CRISP ROMAINE LETTUCE
CUCUMBER COINS
BAKED BEANS
SLICED PEACHES

CHICKEN & NOODLES **12**
WHOLE GRAIN BISCUITS
CRISP ROMAINE LETTUCE
SWEET PEAS
APPLESAUCE

CHICKEN FILLET **13**
SANDWICH
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
JUICY TOMATOES
ORANGES WEDGES

SLOPPY JOES **14**
WHOLE GRAIN BUN
CRISP ROMAINE LETTUCE
BROCCOLI SPEARS
SLICED PEARS

FISH NUGGETS **15**
BROWN RICE
CRISP ROMAINE LETTUCE
WHOLE KERNEL CORN
MANDARIN ORANGES

BEAN & CHEESE BURRITO **18**
CRISP ROMAINE LETTUCE
BROCCOLI FLORETS
RED KIDNEY BEANS
SLICED PEACHES

CHICKEN & GRAVY **19**
CREAMY POTATOES
WHOLE GRAIN BISCUIT
CRISP ROMAINE LETTUCE
SWEET PEAS
APPLESAUCE

ROUND PEPPERONI PIZZA **20**
CRISP ROMAINE LETTUCE
BABY CARROTS
FARM FRESH TOMATOES
ORANGE WEDGES

NO SCHOOL **21**
TEACHER CONFERENCES

NO SCHOOL **22**

NO SCHOOL **25**
SPRING BREAK

NO SCHOOL **26**
SPRING BREAK

NO SCHOOL **27**
SPRING BREAK

NO SCHOOL **28**
SPRING BREAK

NO SCHOOL **29**
SPRING BREAK

(TEACHER CONFERENCES)